



# MARINERS' LOG

VOLUME 27, NO. 6

JUNE 2010

COLLEGE of  
COASTAL  
GEORGIA  
UNIVERSITY SYSTEM OF GEORGIA  
*Dreams in Action*

## Your 2009-2010 SGA Leaders



## College's Highest Achievers Recognized at Honors Program

BY TRINITY CHANCLOR

On Friday afternoon, April 23, faculty, families, and friends of the College of Coastal Georgia's best and brightest congregated in the Terrill Thomas Auditorium of the Southeast Georgia Conference Center for Honors Day 2009-2010. Members of Phi Theta Kappa were hosts for the afternoon, and Di's Catering of St. Marys, Georgia, provided a delicious array of refreshments at a reception following the program.

Dr. Phillip Mason, Vice President for Academic Affairs, welcomed everyone, commenting "it is a great pleasure to be here and give special recognition to the students."

Dr. Valerie Hepburn, President of the College, then came to the podium also to welcome everyone and to offer a few comments as well. She stated, "It is a great night to celebrate the achievements of these students." She congratulated Phi Theta Kappa members in particular for all their wonderful successes.

### ACADEMIC AWARDS

Associate Vice President for Academic Affairs Kay Hampton presented the first awards of the afternoon, the Academic Awards. Based upon a student's having completed at least 31 hours with a cumulative GPA of 3.75 or higher, this award is granted without regard for whether a student attends full or part time (unlike the Dean's List or the President's List of Scholars). A GPA of 3.75 carries with it the distinction, that, if these students continue to excel at this level, they will graduate with honors. The following students received certificates acknowledging their outstanding academic achievements:

Marilyn Adkins  
Sarah Akemon  
Carole Amason  
Carey Aprahamian  
Pamela Barker  
Myranda Batten  
Brandy Bennett  
Lisa Boatwright  
Anthony Bottita  
William Boutwell  
Eileen Boyd  
Rodney Butler  
Joey Carlo  
Jody Carter  
Albert Carter  
Diana Castro-Diaz  
Alicia Chapman  
Scott Corwin  
Jennifer Cox  
Bryan Crews  
Ronelle Curley  
Deborah Davis  
Jeremiah Davis  
Kemp Denison  
Joshua Edwards  
Jeffrey Feighner  
Tara Fields  
Robin Flores  
Justin Gines  
Donald Hanks  
Sandra Hansen  
Amber Haulman  
Erica Hedge  
William Hightower  
Jonathan Hutto

Tiffany Hutto  
Jennifer Inacio  
Scott Ingersoll  
Emily Keller  
Elissa Keller  
Barbara Kraus  
Michelle Kroupa  
Joyce Lockyer  
Evelyn Lopez  
Anna Makova  
Jessica Manning  
Linda Martin  
Amanda Moore  
Jacent Nakigudde  
Lydia Nave  
Brent Nihiser  
Katherine Parrish  
Kayla Phillips  
Annette Roberts  
Jennifer Robertson  
Joseph Rodriguez  
Carmen Ryals  
Brian Scherneck  
Hannah Schmid  
Melanie Schulz  
Danielle Siekkinen  
Ashley Skipper  
Caleb Smith  
Jean Ann Sofinowski  
Danielle Sollars  
Deborah Stewart  
Felicia Sutton  
Questa Tait  
Kayota Tolbert  
Mary Versteeg  
Mark Wade  
Joann Wagner  
Jody Warwin  
Jennifer Westbrook  
Tasha Wilson  
Brooke Young  
Abner Zachry

### DISCIPLINE AWARDS

Plaques for the students who exemplify academic excellence in specific endeavors were then awarded by the College's various divisions and departments, beginning with the Department of Nursing and Health Sciences awards.

Dr. Jean Mistretta named **Kristy Lynn** the *Outstanding Nursing* student. Dr. Mistretta noted that Lynn is "mature beyond her years" and is a person one would want to wake up and see in the hospital. Lynn has proven to be a caring and sensitive person as well as an excellent student.

Next was the awarding of the *W.H. & Madeline Bloodworth Memorial Scholarship*, given annually to the rising sophomore who is the best among the three nursing students with the top GPA's. This year the scholarship was presented by Dr. Mistretta to **Amy Cox**. This year's best three students were nearly identical academically, but added to Cox's 3.74 GPA are her leadership abilities, her calm presence, and her respect for faculty, patients, and clients; these put her on top.

Dr. Mistretta also presented the award to the top student in *Clinical Laboratory Technology*, **Lauren Doucet**. Doucet came to CCGA already having earned a bachelor's degree in marketing with a minor in biological sciences from Louisiana State University. She is to be commended "for her love of clinical work."

See *CCGA Honors Program*, pg.3

## ERROLL B. DAVIS, JR., ADDRESSES 2010 GRADUATING CLASS OF COLLEGE OF COASTAL GEORGIA

BY MEGAN GUY

The Golden Isles Community Concert Band tuned up and began to play early Saturday morning, and the College of Coastal Georgia's 45th commencement was under way. The processional of graduates, faculty, and the platform party was led into the Coffin Building gymnasium by Grand Marshal Ntungwa Maasha, the College's highest ranking faculty member.

Opening remarks were made by Dr. Valerie Hepburn, president of the College. She congratulated the new graduates on their having persevered to complete their degrees. She also welcomed the families and friends in attendance who had supported their graduates' efforts.

A very interesting story about the bonds of family and education was shared by the two graduates chosen to deliver inspirational remarks, Tiffany and Jonathan Hutto. Their story was fascinating.

"In early 2007, Tiffany and I were engaged and struggling with our career choices," Jonathan Hutto said. They both decided they wanted to be nurses, never realizing that they would be going to school together. Even more remarkable is that Tiffany's father, Larod Bowen, also attended CCGA. All three graduated from the RN program on May 8.

The Huttos both commented on the struggles and opportunities they



Photo J. Cornell

This year's commencement address was delivered to 350 graduates by Erroll B. Davis, Jr., Chancellor of the University System of Georgia. Davis has already accepted Dr. Hepburn's invitation to return in 2011 to award CCGA's first baccalaureate degrees.

encountered from being married and in college. Everyone chuckled when they explained that they had to cut their honeymoon short to be back in time on Monday morning to attend their anatomy class. But both agreed they are glad they sacrificed to get to where they are.

Delivering the charge to the Class of 2010 was Mitchell Tuttle, vice president of Student Government Association. Tuttle approached "commencement" in a novel and

unexpected way with his story of the founding of Coca-Cola exactly 204 years earlier, on May 8, 1886. He spoke of his commitment to Coke between classes during his college life. He also encouraged his fellow-graduates to follow their dreams, whether at the College of Coastal Georgia or at another institution of higher education.

Following Mitchell's speech, Dr. Hepburn introduced Regent James A. Bishop, who also spoke

encouraging words to the Class of 2010. Bishop introduced the commencement speaker, Erroll B. Davis, Jr., Chancellor of the University System of Georgia, by saying that making Dr. Hepburn president of CCGA was one of the best decisions the University System of Georgia had ever made.

Davis did not begin his remarks with the traditional congratulations to the Class of 2010, but rather to all

See *CCGA Graduation*, pg. 4

## Stunning 2010 Edition of Seaswells Unveiled at First Copy Program

Woodstock theme is hit with audience

BY ROSCO PETERS

Ever since 1966, the College of Coastal Georgia (even when it was Brunswick Junior College, Brunswick College, and Coastal Georgia Community College) has waited every spring for the unveiling of *Seaswells*, its award-winning magazine that exhibits the College's creativity in all graphically reproducible art forms. The publication consists almost entirely of students' photography, prose, poetry, and artwork, with just a few works by College faculty and staff.

Submissions fall under two categories, contest and general. The contest entries are judged by a panel of competent men and women in each genre and cash prizes awarded to the top entries in each category. All contest winners along with the best general submissions are showcased in the publication, which is released every year in April at the *Seaswells* First Copy Program.

The unveiling of the 2010 edition of *Seaswells* occurred at the First Copy Program on April 27. For the first time ever, not only was the program not held in the Science Lecture Room; it wasn't even held indoors. Rather the stage was erected behind the newly renovated Student Activity Center (SAC).

Those who came early enjoyed live music from the '60s performed by CCGA students Butler Caldwell and Mitchell Sexton. Adding to their enjoyment was the beautiful spring weather and a *Seaswells* staff decked out in groovy tie-dye, colorful jewelry, and retro hairstyles, bringing this year's theme of Woodstock to life.

The program began with a welcome from the editor-in-chief of *Seaswells* 2010, Jennifer



Photo J. Cornell

The Woodstock gang: Lonie Donovan, Ashley Montrond, Chelsea Holcomb, Jennifer Walker (Standing at mic), Ciara Hall, Demi Mora, Monica Kratz, and Megan Guy. Not pictured: Rosco Peters (because his Afro didn't fit in the picture.)

Walker. She recapped the work that went into this year's publication and then presented the first two copies of *Seaswells* to Dr. Valerie Hepburn and Barbara Nakigudde. President Hepburn accepted her copy on behalf of the College, and Nakigudde, president of the Student Government Association accepted hers on behalf of the student body. Each lady was delighted with the copies; each praised the staff for what is bound to be another award winner.

With the introductions and remarks out of the

way, the program proceeded directly to the awards portion. The first contest winners to be announced were those for art. A gallery of this year's art entries was on exhibit in the Warehouse. While every piece was loaded with individuality and skill, the winners' works were truly exceptional. Presenters Dimelina Mora and Monica Kratz announced the winners in true '60s attire and vernacular. The winners for art are as follows:

See *Seaswells First Copy*, pg. 4





# Health and Fitness



## Balancing a Golf Ball on the Head of a Pin — The Seemingly Impossible Job of Everyone's Atlas

BY JENNIFER WALKER

Atlas Telamon, which translates to "enduring Atlas," refers to the Titan Atlas. In Greek mythology, the Titans were the offspring of Gaia (Earth) and Uranus (Sky). The first generation of Titans created the world and were its first gods.

Zeus was the youngest offspring of two of the original 12 Titans, and he led a group of younger gods, the Olympians, in revolt against the Titans. The Olympians won and banished most of the Titans to Tartarus, a dismal place even lower than Hades.

Atlas, however, was not confined to Tartarus. Instead, he was condemned for eternity to stand at the western edge of Gaia and to hold Uranus on his shoulders. Separated in that way, Uranus and Gaia would not be able to bear any more Titans that might threaten the rule of the Olympians.

Most people are familiar with this fate that Atlas was doomed to endure: holding the celestial sphere on his shoulders. The image of Atlas in their minds is a shirtless man (pantless, too, if their eyes wander), rippled with muscles, struggling to support the Earth on his shoulders and neck.

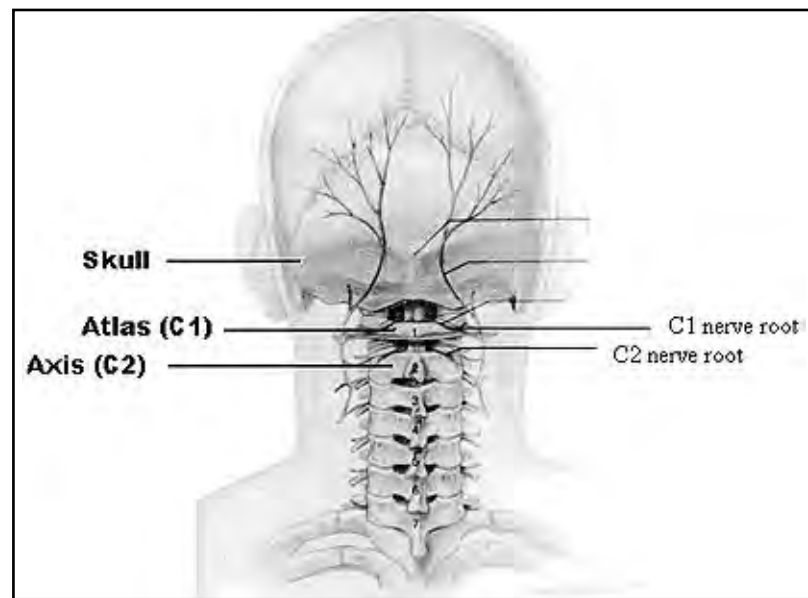
Much less familiar is the atlas that is a part of everyone's spinal column. The atlas is a small, yet significant, bone that sits on the very top of the spinal column and that weighs only about 2 ounces. Like Atlas, it supports a huge sphere, a head that might weigh from 9 to 17 pounds.

The atlas is unique among the vertebrae in that it is like an oval doughnut. It consists of two arches, one in the front and a larger one in the back, and two lateral masses on the sides. These lateral masses provide the support the atlas needs in order to hold up the head.

Along with the second bone in the vertebral column, the axis, the atlas forms the joint that connects the skull to the rest of the spine. These two bones allow for a much greater range of motion than do the other vertebrae. People would not be able to nod or turn their heads, were it not for the atlas and axis.

The human body functions most efficiently when the atlas balances a person's head directly over the feet in what is called the orthogonal (or neutral) position. However, if this tiny bone is out of alignment or tilted, the entire spine shifts as the body tries to compensate to maintain its center of gravity. If one visualizes the spine as a chain, it is easy to grasp the shifting: if the first link of a chain is twisted or turned, every other link turns also.

Dr. J. M. Hoeffner is an atlas orthogonal chiropractor, the only one in Glynn County. He explains



[www.ffcpc.org/html/atlas\\_orthogonal.html](http://www.ffcpc.org/html/atlas_orthogonal.html)

why proper alignment is so critical: "The atlas protects the brain stem, which controls the automatic functions in your body, like your heart rate or breathing." The hole in the doughnut-shaped bone is so small that, when the atlas is tilted, the result is a whole range of disturbances to the central nervous system, a multitude of symptoms and pains in different areas of the body. Most common are headaches and neck and facial pain.

When the tilting pinches the brain stem, nerve impulses cannot travel between a person's brain and the rest of the body. Nerve pressure and inflammation can result in a person's suffering from constant pain or dizziness. Ultimately, a person whose atlas is misaligned could experience difficulty walking or maintaining balance.

Many forms of trauma can destroy the delicate alignment needed to maintain optimum health: car accidents, slips and falls, blows to the head, or sports injuries. Even everyday stresses like poor posture, bad sleeping habits, and improper lifting or carrying techniques can cause tilting of the atlas.

With alignment of the atlas being so important, why don't more people know about it? One reason could be that their symptoms are misdiagnosed by family physicians or other doctors who are not trained atlas orthogonists, a specialization within chiropractic.

"Most people go to their doctors for relief of pain," says Dr. Hoeffner; they aren't thinking about the cause of the pain. If a doctor doesn't give his or her patients what they want—something to relieve the pain—patients will probably shop for another doctor. So the patient does not discover what is causing the symptoms, which often is the atlas.

An atlas orthogonal chiropractor takes x-rays at three different angles (side, front, and top) to determine to what degree the atlas is tilted or rotated. With a patient lying on his or her side, the chiropractor then

corrects the misalignment. A rod, or stylus, is placed behind the patient's ear, and a percussion wave—a vibration—travels through the stylus to reposition the atlas.

The procedure is gentle, painless, and non-invasive. Many patients feel immediate relief, though some may experience muscle pain after the procedure as a result of the body's adjusting to the proper alignment.

Dr. Hoeffner regrets that "people who come [to him] have usually exhausted all other means of care." While receiving treatment for the symptoms and not the cause, those patients, Dr. Hoeffner says, "have their quality of life lessened. They can't fully experience what life has to offer."

For anyone experiencing chronic pain, particularly after an accident or injury, checking the alignment of the atlas should be the first line of attack, not the last.

## When Soccer and Football Seem Too Tame, Try RUGBY

BY DAVID AREM

"A barbarian's game played by gentlemen" is a popular statement in the United Kingdom and Ireland that accurately describes the fast-paced, heart-pumping thrill ride that is the game of Rugby.

Despite the lack of an American fan base, this English game has 25 million amateur, semi-professional, and professional players. Rugby is the most widely played contact sport on earth; some of the countries in which it enjoys the greatest popularity include England, Ireland, Scotland, Wales, Australia, France, New Zealand, and South Africa. In many of those countries, there are leagues for both sexes and for all ages. There are players as young as five, with no age limit in adult leagues.

A rugby match is played with an

# WARNING: SUMMER SIZZLES!

BY JESSICA SAILORS

With summer approaching, many people are beginning to enjoy the bright sunshine and warm weather. Days at the beach, a hike through the mountains, or even a week-long camping trip are the many ideas of fun people enjoy during the summer. The idea of fun in the sun can come at a price for many people, though.

While the sun does provide the human body with a valuable vitamin, vitamin D, there are many dangers outside if precautions are not taken. Most people have a general understanding of what they must do to protect themselves from the sun, but others may not realize the dangers, so here are a few tips or refreshers.

When going outside during the summer, people tend to wear clothing that covers very little skin. People of all ages like shorts and tank tops, so the first line of protection is simple: sunscreen. Experts recommend applying a liberal amount of sunscreen with a "Sun Protection Factor" (SPF) of 30 to 50 and with protection against both UVA and UVB rays. It should be applied a half hour before going outdoors and reapplied after two hours or after swimming or sweating.

It is not necessary—and maybe even foolish—to buy products claiming an SPF of 70+. In fact, there is a move afoot to ban those because they give users a false sense of security. Applying a lotion with an SPF of 70 compared to one that's SPF 35 does not provide twice the protection or protection for twice as long.

The group least likely to heed advice about sunscreens is young people who are trying to bronze their skin. For them, putting on a sun block defeats the purpose, and all the warnings in the world aren't going to make much difference.

However, it is critical to prevent sunburn. Wearing a sunscreen with an SPF of 15 to 20, limiting exposure to the sun between 10 a.m.

and 3 p.m., and getting the tan gradually should create the bronze while reducing the risk of sun cancer. Of course, wrinkles and premature aging of the skin, particularly on the face, will be a part of the future.

Another tip many people ignore is to drink plenty of water, before, during, and after time in the sun. Most people understand the importance of hydrating, so this is just a simple reminder to keep everyone aware and safe.

What doctors tell people about hydrating is no joke. If someone spends a lot of time in the sun without drinking water, he or she will experience a whole succession of problems, including the possibility of heat stroke.

Thirst is the first sign of inadequate water intake. Failing to drink water at that point will lead to more symptoms, like dry lips and tongue or headache. If someone still doesn't heed the warnings, less urination or concentrated urine that appears darker than normal and muscle cramps are common. Others may experience edema, the swelling of hands and feet.

Clammy skin, paleness, weakness, dizziness, nausea, fever, and headache are complaints that probably warrant medical attention. They are signs of heat exhaustion and are particularly dangerous in people with blood pressure problems. If a person ignores heat exhaustion, the next stage is heat stroke.

Heat stroke is a medical emergency. Its symptoms are very noticeable: confusion, lethargy and sluggishness, rapid heart rate and breathing, disorientation, agitation, irritability, high body temperature, intense muscle aches, diarrhea or nausea, convulsion, fainting, seizure, and loss of consciousness.

If someone is suffering from heat stroke, it's time to call 9-1-1 and then to follow the protocol to cool that person down. He or she needs to get out of the heat and into a cooler environment—indoors, if at all possible, but at least in the shade,

if not. Once in a cool environment, it will help to fan the person with a newspaper or towel.

It's also a good idea to help the person lie down and to elevate his or her feet, as that can help direct the blood flow back to the head. Loosening the person's clothing and misting or sprinkling him or her with cool water are also advised. More is not necessarily better here, though; dumping a glass of cool or cold water on the person could send him or her into shock. Until the EMTs arrive, placing ice packs on the groin area and on the armpits can also be helpful.

Not all of summer's dangers are related to the sun and heat. People who like to hike or camp may come across many beautiful plants that can be quite dangerous. Some of these plants may even be in people's back yards and can pose a hazard for anyone who does yard work.

Just the leaves of some plants may be hazardous. Such plants may be easy to guess, but not the easiest to identify. Anyone who spends time outdoors—other than at the beach—should try to learn to identify poison ivy, poison oak, and poison sumac.

Not all of the dangers are in the leaves, though. Berries on many plants may look delicious but can be fatal. The best rule to follow in the wilderness is simple: if it looks delicious but you don't know exactly what it is, do not eat it. After all, if the animals aren't eating the berries, maybe there's a reason.

With the different dangers and threats that summer and the outdoors can pose, it is important to be prepared. Everyone should keep a first aid kit handy, along with a way of contacting the outside world just in case medical attention is needed. That can be a cell phone (fully charged), flares, or even a traceable GPS system.

If we prepare for summer, we may never encounter any of its threats. That's usually the way it works, isn't it? The very act of being prepared is often all it takes to stay safe.

oblong ball on a pitch (field) 100 meters long and 75 meters wide by two teams of 15 players. They are allowed to run with the ball, pass it laterally or backwards, or kick it.

The goal is to advance the ball into a designated scoring area called the try zone, or end zone, resulting in a "try" and an award of five points. The scoring team is then allowed to kick the ball for two extra points, called a conversion.

The defending team attempts to deny this advance and to take possession of the ball by tackling the ball holder. There is no blocking, and usually every player on the team touches the ball at least once during the game.

Rugby originated in early 19th century England. One legend says that the game came about when William Web Ellis, a student at Rugby School from 1816 to 1825,

ran onto the pitch and grabbed the ball. He ran towards the goal, carrying the ball, as the opposing team tried to tackle him. Sports historians do not believe the story to be true, though, as it was not widely circulated until after Ellis's death, and by then, no one who might have been an eyewitness was still alive.

What historians do know is that in the early 1800s, all seven major public schools in England played football, what Americans today call soccer. Six of the schools all agreed to play by the same basic rules, which included being permitted to handle the ball; touching the ball with the hands was not outlawed until the 1860s. Only Rugby School played by a different set of rules, and carrying the ball was quite common.

By 1871, rugby was being played by 21 clubs in southern England, most within London. Its popularity spread over the next 20 years so that by the early 1890s, over half the clubs were in northern England. The working classes in particular preferred rugby to soccer. The game was very brutal, with 71 deaths recorded in English rugby from 1890 to 1893 alone.

The first recorded rugby match on American soil occurred on May 14, 1874, when Harvard hosted Montreal's McGill University, in Cambridge, Massachusetts. Harvard won, 3-0. The series sparked a great deal of interest on college campuses all over the country.

Rugby was actually an Olympic sport in 1900, 1908, 1920, and 1924, with the USA taking the gold in the 1920 and 1924 Games. When it was removed from the Olympics, American interest collapsed. It would be 40 years before the game would again enjoy any great popularity.

However, since the formation of a national governing board and team in the mid 1970s, the U.S. has qualified for five of the six Rugby

World Cups, including the most recent one in Uruguay in 2006.

The National Women's Team was launched in 1987. It took its first Women's Rugby World Cup title in 1991, beating heavily favored England, and finished second at the '94 and '98 World Cups.

Rugby Sevens, a variation of rugby that follows the same basic rules but is played with only seven on a side, has been accepted for inclusion in the 2016 Olympics in Rio de Janeiro.

Rugby teams can be found almost anywhere in the U.S., including Southeast Georgia. The Golden Isles Hammerheads are part of an amateur league that is inexpensive to join and that can quickly become addictive. Anyone can pick up the sport with little or no experience. They practice every Sunday at Howard Coffin Park at 3 p.m., and all are welcome. The Hammerheads also have a Facebook page, for anyone who wishes to know more.

The Hammerheads, like any good sports team, need the support of fans. True, it's hard to pull the plug on baseball, basketball, and football, but once you've seen a match, you might decide that rugby makes a great substitute on Saturday afternoons when your favorite team doesn't play. The price is certainly right: FREE!

Hammerheads Coach Pat Thornton has been a member of the team since its inception in 1976. He has over 30 years of experience, a lifetime worth of scar stories, and good memories that can only be accrued through competitive sport. The camaraderie in rugby among coach, players, and fans is matchless. So whether it is a spiritual journey, a fun way to stay in shape, or maybe a few bruises with brews that you are seeking, rugby offers the outlet you may need.

For more information, Coach Pat would be happy to take your calls at (912)-996-5313.

## ONIONS: The Other Miracle Food

BY JESSICA SAILORS

Everybody has heard the saying "An apple a day keeps the doctor away." There's a certain amount of truth to that. Apples contain Vitamin C, which aids the immune system, and phenols, which reduce cholesterol. In addition, researchers at Cornell University have discovered that the quercetin found in apples protects brain cells against neuro-degenerative disorders like Alzheimer's Disease.

On the other hand, when the Old English coined that saying, the word *apple* was used to describe any round fruit that grew on a tree. Thus, in the 1611 King James Version of the Bible, Adam and Eve ate not an apple specifically but "a fruit."

But maybe it's time for the apple growers of the world to step aside and acknowledge another "miracle food": the onion. Every year in Vidalia, Georgia, a festival is held to celebrate the onion and the harvest of

a good crop of onions. There, onions are a way of life.

Even outside Vidalia, everyone knows that the onion can be used to create wonderful dishes like stir fries or French onion soup. Onions may also be eaten by themselves, like a blooming onion. Onions also make a flavorful addition to salads and many other dishes like meatloaf.

In general, there won't be a lot of debate; onions are just a food that tastes really good by itself or that makes other food taste really good. But what many people do not realize about onions is that they are good for medicinal purposes.

The onion (*Allium cepa*) is a very beneficial plant. Many early American settlers used onions to repel insects and to cure coughs, colds, and asthma. People in China found out long ago that the onion aids in healing angina, coughs, bacterial infections, and some breathing problems. As an added relief, onions aid in reduction of

tumors in the colon. Onions are effective against many bacteria such as *Bacillus subtilis*, *Salmonella*, and *E. Coli*.

Onions have gained the attention of the World Health Organization (WHO). WHO purports that onions may help with poor appetite and the prevention of atherosclerosis. WHO has recommended using onion extracts to treat coughs, asthma, and bronchitis, along with bronchial spasms.

How can onions be so beneficial in these many ways? The technical explanation is that onions contain thiosulfonates, sulfides, sulfoxides, and odoriferous sulfur. Each of these compounds serves a purpose. The sulfur in onions is an anti-clotting agent, and it has also been found to protect against cancerous tumors.

One sulfoxide, cysteine sulfoxide, is best known not for its medicinal properties. Rather, it produces the characteristic onion flavor and the characteristic tears in anyone who

# College of Coastal Georgia President's List of Scholars Spring Semester 2010

Congratulations to the following students for having earned perfect 4.0 GPAs during spring semester 2010. President's Scholars are full-time students, enrolled at the College of Coastal Georgia for 12 hours or more.

SARAH AKEMON  
MARIA CRISSELYN ALARCON  
CAROLE AMASON  
MICHAEL AMERSON  
MONICA ANDERSON  
CAREY APRAHAMIAN  
PAMELA BARKER  
JESSICA BARROW  
SHAYLA BARTLEY  
KRISTEN BARWICK  
JESSICA BLOOM  
EILEEN BOYD  
JORDAN BOYETTE  
SUZANNE BRAGG  
AMANDA BRELAND  
STEPHEN BROOKS  
ERIK BROWN  
BRITNI BROWN  
JAMES BULLOCK  
BRITTANY CARACCIOLLO  
ALBERT CARTER  
DARBY CHANCEY  
ALICIA CHAPMAN  
ROBERT CHASTAIN  
PAULA COLLADO  
BRIANA COOKE  
JENNIFER COX  
MELISA COX  
AMY CRABB  
SILVESTRE CRUZ  
SEAN DOTSON  
LAUREN DOUCET  
BRITTON EASON  
JENNIFER EMAMISER  
JEFFREY FEIGNER  
SHARENA GIVENS  
KRISTEE GLACE  
RUSSELL GORE  
REBECCA GREENE  
EMILY GROESCHEL  
KRISSEY HAMILTON  
LAMICHAEL HAMILTON  
LAUREN HARRIS  
ERICA HEDGE  
TARYN HILL  
GEORGE HOLLAND  
KARINA HORAN  
BRENDA HOWARD  
E. BROOKE HULSEY  
WALLACE IRELAND  
MELISSA JACOBS  
KASSIDY JACOBS  
ERIC JOHNS  
KOLBY JOHNSTON  
HEATHER JONAS  
TRENISE JONES  
CANDACE JONES  
JACOB KAPPELLER  
JESSECA KEEL  
ERICKA KELLEY  
JENNIFER-JO KILPATRICK CLUFF

MICHELLE KRAUSS  
ROBERT LANCASTER  
REBEKAH LINDBORG  
HOLLY LONG  
BETHANY LONG  
ANNA MAKOVA  
DUSTIN MARTIN  
CHELSEA MCBRIDE  
BROOKE MCHAFFEY  
THOMAS MCINTYRE  
PAMELA MCKAMEY  
JASON MILLER  
ANDREW MOBLEY  
HEATHER MORRIS  
ALISON MORSE  
VICTORIA MURPHY  
JACENT NAKIGUDDE  
JAMEY NEWSOM  
ANGELA NEWSOM  
KAREN NIECE  
JESSIN OUESLATI  
KATHERINE OUTLAW  
JOHN OWENS  
ROBERT PERKINS  
KAYLA PHILLIPS  
TRAVIS PICKREN  
CRYSTAL PICKREN  
SANDI PIKE  
RACHEL POER  
KAREN PRICE  
ALEXANDRA PRICE  
JULIE PROSEN  
AMANDA PRUETT  
HILARY PULOS  
EMILY REYNOLDS  
CHRISTIE ROLLINS  
CATHERINE SAVAGE  
AMBER SCHNEEBERGER  
SAMANTHA SCHOENEMAN  
DANIELLE SIEKKINEN  
TESSA SKIPPER  
MELISSA SKIPPER  
ASHLEY SKIPPER  
RENEE SMITH  
BARBARA SPAIN  
CHRISTOPHER SPURLOCK  
CLAY STROUD  
TYLER THOMPSON  
CASSANDRA TURNER  
HANNAH VARNEDOE  
JOHN VIGILANTE  
JEFFREY WAGES  
JOANN WAGNER  
JESSICA WAINRIGHT  
MELYNDA WAINWRIGHT  
SIDNEY WALKER  
ALLIE WARNER  
JODY WARWIN  
TASHA WILSON  
SARA YATES  
ABNER ZACHRY

## CCGA Honors Program

continued from pg. 3

Dr. Andrea Wallace, Denison's advisor, described him as a bright, enthusiastic student and praised him for having earned A's in biology, chemistry, organic chemistry, and Calculus I.

Chapman is equally outstanding. She is majoring in middle grades education. With a 3.95 GPA, she is the top student in a CCGA baccalaureate degree program.

The final group of awards went not to students but to faculty, staff, and community members without whom the students could not enjoy the many opportunities or successes they find at the College.

Dr. Hepburn announced that **Ron Maulden** was the unanimous pick for *Volunteer of the Year*. Maulden, the vice president and general manager of *The Brunswick News*, is a long-time trustee of the College. He led the Foundation's record-breaking fundraising campaign this past year.

Dr. Hepburn then acknowledged Michael Johnson and the **King and Prince Hotel** as CCGA's *Business Partner of the Year*. Hepburn recognized the resort for providing such gracious hospitality to many

of the individuals CCGA has recruited this past year for faculty and administrative openings.

**Cliff Denny**, the executive chef of the Sea Island Corporation, received this year's *Internship Program Coordinator Award*. Dr. Hepburn explained that the culinary arts program could not have achieved its many successes without the cooperation of the hotel.

In addition, Dr. Hepburn acknowledged **Andrea Wallace** for having been named the *2009-2010 Joyce Jackson Academic Advisor of the Year* earlier spring semester. Similarly, **Michael Hannaford** was named *Professor of the Year* at Phi Theta Kappa's faculty and staff appreciation luncheon late in March.

Hepburn also named **Joan Rozmarynoski** as the *Outstanding Staff Member* for 2009-2010. As the department coordinator for the School of Mathematics and Natural Sciences, Rozmarynoski provides unparalleled customer service to both students and faculty. Those who nominated her praised her professionalism, her organization



# Academics

## College of Coastal Georgia Dean's List Spring Semester 2010

Congratulations to these students who made the Dean's List this spring! To make the Dean's List, a student must have enrolled either for 12 or more credit hours and earned a GPA of 3.25 or higher or for 10 or 11 credit hours and earned a GPA of 3.50 or higher. The following students should go by the Academic Affairs Office (Administration Building, room 138) to pick up their Dean's List cards.

Sarah Akemon	Robert Chastain	Erica Hedge	Andrew Mobley	Michael Sears
Maria Crisselyn Alarcon	Lindy Cheek	Devan Henley	Michael Mock	Kathryn Sellers
Joseph Alday	Hayley Cheek	Brittany Herbert	Ashley Montrond	Chynna Seymour
Kenneth Aldredge	Katherine Chipman	Roby Hersey	Chelsea Moody	Caitlin Shearer
Rahma Alghafri	Kelsey Cirmotich	Kali Highsmith	Dana Moody	Nicole Shupe
Joc' Lene Alston	Patricia Clink	Jacquelyn Hill	Michael Mooney	Danielle Siekkinen
Allyson Altman	Jennifer Clough	Taryn Hill	Orvin Moore	Tessa Skipper
Manieka Alvin	Cassandra Clough	Whitney Hires	Amanda Moore	Melissa Skipper
Carole Amason	Kyle Coleman	Camden Hogue	Levi Moore	Ashley Skipper
Michael Amerson	Paula Collado	Courtney Holder	Jerry Moore	Marla Smith
Halayna Anders	Patricia Conley	Janise Holder	Dimelina Mora	Megan Smith
Phillip Andersen	Briana Cooke	George Holland	Dallas Morgan	James Smith
Cristi Anderson	Jennifer Cormican	Laura Holland	Heather Morris	Kimberly Smith
Monica Anderson	Megan Corrigan	Richard Hollar	Ashley Morrison	Bridget Smith
Mercedes Anderson	Jennifer Cox	Karina Horan	Alison Morse	Renee Smith
Damon Angelo	Melisa Cox	Brenda Howard	Victoria Murphy	Jean Ann Sofinowski
Carey Aprahamian	Amy Crabb	Sandra Howard	Jordan Murray	Barbara Spain
David Arem	Sandra Crum	E. Brooke Hulsey	Jacent Nakigudde	Morgan Spaulding
Titinia Augustus	Silvestre Cruz	Kauja Hurley	Eric Naugle	Ansley Spence
Wonduante Ayalew	Alexis Cummings	Ansley Hutchinson	Lydia Nave	Christopher Spurlock
Katia Baca	Devin Curry	Laura Hutson	Sarah Nelson	Re'Nina Staten
Latonya Baker	James Daly	Wallace Ireland	Charlotte Nevill	Amy Straub
Joshua Ball	Jalysa Davis	Amy Iverson	Kaela Newbern	James Strickland
Pamela Barker	Melody Davis	Melissa Jacobs	Jamey Newsom	Clay Stroud
Jessica Barrow	Ashley Day	Kassidy Jacobs	Angela Newsom	Rebecca Sullivan
Casey Barrow	Richard DeLorenzo	Lucious James	Teresa Nguyen	Julie Summers
Sean Bartels	Kemp Denison	Katherine Jarocki	Jordan Nguyen	Felicia Sutton
Shayla Bartley	Josie Dickinson	Mitchell Jenkins	Thuydy Nguyen	Taylor Sweeney
Kristen Barwick	Misty Dobbs	Debbie Jimenez	Maxwell Nichols	David Talany
Christina Bates	Sean Dotson	Eric Johns	Karen Niece	Richard Tate
Forrest Battle	Lauren Doucet	Elizabeth Johnson	Brent Nihiser	Tracey Taylor
Amra Baumann	Holly Douglas	Kolby Johnston	Jessin Oueslati	Maggie Taylor
Ryan Beavers	Matthew Douglas	Heather Jonas	Katherine Outlaw	Ashton Taylor
Jennifer Bell	Amanda Dowdy	Trenise Jones	John Owens	Devin Taylor
Eleticia Bennett	Nelson Dowling	Candace Jones	Katherine Parrish	Rodney Thomas
Jessica Bloom	Dewayne Dowling	Kyle Jones	Steven Partin	Jeannie Thompson
Earnest Boatright	Meagan Doyle	John Josey	Roshni Patel	Tiffany Thompson
David Boeck	Jennifer Duncan	Jacob Kapeller	Khyatiben Patel	Tyler Thompson
Gabrielle Bogdan	Britton Eason	Jesseca Keel	Vinay Patel	Christine Thompson
Steven Boily	Cynthia Ehret	Sanareena Keller	Jennifer Patterson	Jennifer Thornhill
Ashley Bowman	Jennifer Emahiser	Elissa Keller	Richard Perkins	Jessica Thornton
Eileen Boyd	Ashley Emo	Erica Kelley	Lacey Phillips	Theresa Tucker
Patrick Boyd	Johnathan Evans	Jessica Kennedy	Kayla Phillips	Aneta Turkic
Sarah Boyd	Aimee Farmer	Stephen Kilby	Megan Phillips	Cassandra Turner
Jordan Boyette	Jeffrey Feighner	Joshua Kilpatrick	Travis Pickren	Mitchell Tuttle
Debra Bradley	Rachel Felix	Jennifer-Jo Kilpatrick-Cluff	Crystal Pickren	Jessica Valentich
Suzanne Bragg	Annaliese Files	Alyson Kowalchuk	Stuart Pierson	Diana Van Arsdale
Ethan Brandon	Katelin Finsness	Michelle Krauss	Sandi Pike	Hannah Varnedoe
Tabatha Brazell	Brittany Fisher	Daniel Kunkel	Lauren Pitts	Jocelyn Vaughn
Amanda Breland	Melodie Floyd	Waun Lampkin	Rachel Poer	John Vigilante
Mills Briggs	Rochelle Foerstel	Robert Lancaster	Shann Pollard	Patricia Visconti
Stephen Brooks	Tara Fredericks	Nathalie Levin	Charles Poston	Amie Voges
Catherine Brown	Charles Fulton	Sarah Lewis	Eric Prenger	Jeffrey Wages
Blair Brown	Melissa Garbutt	Rebekah Lindborg	Karen Price	Joann Wagner
Erik Brown	Justin Gines	Mark Linton	Alexandra Price	Paul Wagner
Brittini Brown	Sharena Givens	Joyce Lockyer	Julie Prosen	Jessica Wainright
Pamela Bullard	Kristee Glace	Holly Long	Amanda Pruett	Melynda Wainwright
James Bullock	Deanna Glass	Bethany Long	Hilary Pulos	Sidney Walker
Jordan Burgin	Megan Good	Evelyn Lopez	Matthew Purvis	Steven Walschot
Rodney Butler	James Goodwin	David Love	Jose Ramirez	Allie Warner
Rufus Butler	Russell Gore	Arnell Lozada	Emily Reid	Jody Warwin
Charlese Button	Karen Graves	Ivelisse Lugo-Vera	Emily Reynolds	Taylor Watson
Marissa Byrd	Megan Graves	Anna Makova	Crystal Rios	Jaclyn Webster
Nicole Cabanes	Rebecca Greene	Dustin Martin	Robert Roberson	Susan Wentworth
Kimberly Cagle	Kasey Griffin	Michael Martin	Jennifer Robertson	Jennifer Westbrook
Archibald Campbell	Candice Griffin	Amy Martinez	Lindsay Robinson	Pamela Westcott
Laura Canter	Caitlin Griffiths	Stephen May	Ryan Rodriguez	Cassandra Whitten
Brittany Caracciolo	Emily Groeschel	Chelsea McBride	Michael Rogers	Natalie Wilder
Kerry Carroll	Jason Grooms	Kristy McCarty	Courtney Rogers	Donald Wilkerson III
Albert Carter	Seth Groover	Allison McDearmid	Christie Rollins	Rhonikki Williams
Jody Carter	Kaitlyn Guess	Brooke McHaffey	Leah Rose	Amy Williams
Lindakay Carter	Megan Guy	Thomas McIntyre	Thomas Rountree	Justin Williams
Nicole Carter	Krissy Hamilton	Pamela McKamey	Kaitlyn Rush	Tasha Wilson
Jason Carter	LaMichael Hamilton	Moreigh McRae	Carmen Ryals	Tinia Wilson
Larry Carter	Annika Hannah	Sarah Mcinnis	Jessica Sailors	Matthew Wojcik
Emilee Carter	Lauren Harris	Victoria Mead	Douglas Salmeron	Jordan Woodard
Simon Cason	Matthew Hartenstein	Christina Medina	Yanitza Sanchez-Caban	Rachel Woods
Christina Castello	Karri Haws	Jason Miller	Andrew Sapp	Elvin Woods
Diana Castro-Diaz	Lucretia Haynie	Ashley Miller	Catherine Savage	Melissa Workman
Hillary Caton	Rebecca Hayslip	Barbara Miller	David Savage	Sara Yates
Darby Chancey	Tasha Heasley	Paige Mincey	Brian Scherneck	Jane Youngblood
Trinity Chanclor	Jared Heath	Linda Mincey	Amber Schneeberger	Abner Zachry
Alicia Chapman	Joshua Heath	Jessica Mobley	Samantha Schoeneman	Kristen Zepplin
Roger Charnock				Breanne Zgela

skills, and her attention to detail. Just as important is the smile and the sense of calm that she brings to her office every day.

The staff of **Mariners' Log** joins the entire CCGA community, families, and friends in congratulating these exceptional students, faculty, staff, and community members for their achievements.

**Mid-term**  
**Last day to drop classes without  
academic penalty**  
**Monday, July 5**

# Campus



## What Happened to SGA and InterOrganizational Council?

### The New Shape and Look of Student Governance and Involvement at CCGA

BY DAVE LEENHOUTS

For the past 20 years, Student Government Association (SGA) at CCGA used a unique model. Eight SGA officers and leaders were selected at the end of every spring semester. This selection process included a lengthy application and a personal interview. The interview was conducted by a group of graduating students, faculty, and staff. The selection process (especially the interview portion) was often affectionately called "The Inquisition" by students.

During the two decades that CCGA was a community college, this process was extremely effective. The process identified students who were emerging leaders, willing to make a commitment to work on developing their leadership skills and able to offer a large amount of their free time to SGA activities. This model, pioneered at CCGA, was (and is) very popular among community colleges around the country. It is a very good model for two-year and community colleges because of the nature of the student body: lots of part-time students who spend on average only three enrollment periods on campus.

However, CCGA is no longer a two-year or community college. The college is now a four-year state college. The student body in the future will feature more students who attend full-time and who are of a traditional age (18-22). While many will still transfer to other four-year institutions after only three or four semesters at CCGA, others will complete bachelor's programs here, and many of them will live in residence halls on campus, an option that is only a year away.

This past year, the existing SGA worked hard to develop two new constitutions and an election process. SGA's work resulted in a newly formatted Student Government Association and a Programming Board.

Previously, the SGA served three functions: (1) to solicit, receive, and discuss matters of interest and concern to the students of the College and to present those interests and concerns as either policy proposals to the appropriate college council or as items for consideration to the appropriate administrator or faculty body; (2) to assist the Director of Student Life in developing and implementing campus-wide activities of a social and entertainment nature (including the budgeting for those activities); and (3) to assist, when possible, any campus group or organization that requests help in order to enhance the academic, social, and recreational

lives of all students of the College. Members of SGA also worked countless hours to insure the success of new-student orientations.

Under the new model, the Student Government Association will be more focused. The body will retain only the first and third functions above. SGA will be freed up to focus on students' concerns about the College's functions and processes and to resolve those concerns. SGA will also be a major force in organizing all-campus community service projects.

SGA will be comprised of four elected officers: president, vice-president for the Brunswick campus, vice-president for the Camden Center, and secretary. Elections will be held in the spring semester of each year for these positions. The students elected to these offices must have and maintain GPA's of at least 2.75 and must agree to enroll for at least 9 credit hours during the semesters that they serve in office. They will receive substantial stipends (payments) at the end of each semester for their work.

The newly formatted SGA will borrow from the model of the Inter-Organizational Council (IOC) from this past year. The IOC was another unique-to-CCGA group that served as a model for scores of other colleges around the country. The IOC was comprised of one representative from each student organization on campus. Each student organization or group sent one student to the IOC meetings to gather information, to express opinions or concerns, to discuss his or her organization or group's activities or challenges, and then to report back on what was discussed at IOC.

Beginning this coming year, each student organization or group on the CCGA campus will be charged with selecting a member to represent the group at SGA meetings. Each student organization will then have one voice and one vote at SGA meetings. Just as they did as part of IOC, representatives will be able to gather information, to express concerns and opinions, to discuss their organization's activities, and to report back to their organization.

A key difference between IOC and SGA is that the student organization representative will now be a voting member of the SGA. As SGA moves ahead with resolutions, decisions about which tasks or projects to take on, determinations of campus priorities, selections of all-campus service projects, and so on, every organization, through its voting member, will have a voice.

In addition to the officers and the organization representatives, all

students interested in being a part of the SGA will be able to join. Those who show interest by attending three consecutive meetings can be granted voting privileges, if they request that status.

The second function of the now defunct SGA, the one dealing with activities, will become the job of a new entity, the Programming Board (PB). Specifically, the PB will have four main tasks: (1) to identify programs that reach broad or targeted audiences within the campus community, to promote and produce those programs successfully, and to create a semester calendar of programs in support of this function; (2) to solicit suggestions from and be receptive to the campus community regarding the selection and production of events and to collect input regarding programs in support of this function; (3) to promote leadership development within the PB and to promote leadership programming for the entire campus community in support of this function; and (4) to encourage all members of the campus community to be engaged with the community and to review research collected to determine the level of engagement in support of this function.

The PB will have four officers: PB chairperson, vice-chair for the Brunswick campus, vice-chair for the Camden Center, and secretary. These officers will be selected (rather than elected) each spring semester. Students will be able to complete applications for PB officer positions and then interview with a selection committee. The students selected for these offices will be required to have and maintain GPA's of at least 2.75, and they must agree to enroll for at least 9 credit hours during the semesters that they serve in office. They will also receive stipends at the end of each semester for their work.

In addition to the officers, all students interested in working on programs will be able to join the PB.

As for all the hours that SGA members invested in orientation sessions, another newly formed group, the Orientation Leaders, will handle new-student orientation programs.

The new look and shape of student governance and involvement at CCGA will open the door for more students to be engaged with campus life at CCGA. It should be a great year.

For more information, please contact Dave Leenhouts, CCGA's Director of Student Life, at [dleenhouts@ccga.edu](mailto:dleenhouts@ccga.edu). You can also phone him at 912-279-5970.

## CCGA GOLF COACH MIKE COOK COULDN'T BE HAPPIER ABOUT FIRST RECRUITING CLASS

BY ANDREW SMITH

In his first three months on the job, Mike Cook has signed six men and four women to play golf at Coastal Georgia beginning in the fall of 2010. All of the golfers are from Georgia, a testament, Cook says, to the wealth of quality high school players around the state.

"The state of Georgia is a hotbed for golfers and it always has been," Cook stated. "By looking at their accomplishments on the golf course, you can tell I've recruited good players, but it's not very difficult to find good players in the state."

On the men's side, Cook was especially pleased to sign two north Georgia golfers, Dylan Freeman from Oconee County High and Chase Miller from Dalton High School. Freeman, who is ranked the #15 senior in the state by a golf recruiting service, and Miller both won their region championships this spring.

Cook has also signed two local golfers, Hunter Stuckey, a two-time all-state selection from Wayne County High, and Richie Wiltfang, who played for the 2010 Class AAAA state runner-up Glynn Academy Red Terrors.

Other men's golf signees are Walker Hill, a high-ranking senior from Statesboro High, and former all-state player Shiloh Snow, who was part of a Class AA state championship team at Pierce County and who played for LaGrange College last year.

According to Cook, though slightly smaller, the women's team will be equally competitive with the men's, boasting four golfers with great high school credentials.

Christian Liggins from Lee County High won the Region 3-AAAA individual championship, shooting a 75 to secure the title. Colbi Tyre played on the Ware County girls' golf team that won the 2009 Class AAAA state championship and finished runner-up in 2010. Jaelyn Harten finished in the top five individually in the Class AAAAA state championship, while her Tift County team placed second in the state.

The fourth signee, Shae Able, was one of the top golfers at Brantley County High before attending CCGA. Able, a business major, has completed her Associate's degree and will join the incoming freshmen in the fall.

"I feel really good about the women I've signed so far," said

Cook, who will likely add at least one player to each Mariner team before the fall season begins. "The women are in the same boat as the men. Only Snow will have college playing experience heading into the fall."

But as Cook preaches, golfers play against the course rather than against an opponent, meaning the lack of college experience will be much less of a disadvantage for these athletes compared to those in many other sports.

Cook, who also works as an instructor at the Sea Island Golf Club's Learning Center, added that once all of the student-athletes are on campus, they will benefit not only from his coaching, but from the assistance of other staff at the Sea Island Golf Club as well.

"They have great opportunity to get better in the next four years," said Cook. "I can't think of another college and location that has that much access to play better golf."

The men will kick off their limited fall schedule with a tournament hosted by Darton College in September, while the women will play their first tournament at Division III Piedmont College also in September.

## Opportunities and Experience Await Those Willing to Challenge Themselves

BY ROB McDEARMID

Students at the College of Coastal Georgia have an exciting opportunity afforded to them that a lot of students do not realize is available. CCGA offers a unique opportunity to be a part of the entire process of constructing a newspaper. JOUR 1000, a one-hour class, is open to anyone interested, not specifically for journalism students.

With a wide range of activities from writing, proofing, and editing articles to print deadlines and staff meetings, JOUR 1000, the Journalism Practicum class, allows all students to be a part of a complete newspaper experience.

Students are offered a wide variety of "wiggle room" in selecting their own topics to write on. They are surrounded by their peers, some with experience, some without.

During the weekly staff meetings, students toss around possible topics for their articles and get invaluable input from other students about their topic, how and where to research for their article, whom to interview, the best photos (if applicable), and other pertinent information that helps to mold their stories.

This experience can be very valuable to those students who are pursuing a career in journalism or communication, but it is not limited to only those students. This class is open to anyone who wants to put his or her creative mind to work and churn out something that will be read by hundreds of people throughout the campus.

Getting published is something the student can be very proud of, but it takes work and dedication. The return for this hard work and dedication is infinite when students finally see their names in print for

the first edition. That feeling of accomplishment and pride is unsurpassed by many other accomplishments.

Students should jump at this opportunity to be a part of the challenge of publishing a great newspaper. They work to create the entire paper from the ground up. Students get to interact with other staff members and to go out and do valuable research or interviews for their articles, utilizing helpful resources within the college or community.

JOUR 1000 is a fun, exciting experience. Students should take advantage of the offer and become a member of the newspaper staff at least once in their college lives.

Are you ready? Step up to the challenge. Prepare your mind for future opportunities and be a part of something special, a part of *Mariners' Log!*

## CCGA Graduation

continued from pg. 1

the parents, grandparents, aunts, uncles, teachers, and educators who got them to that moment. He continued in a rather unconventional vein by talking of a country in trouble. However, he also challenged the graduates to devote their lives to finding solutions for the country's and the world's problems.

As the time for the conferring of degrees approached, there was a noticeable change in the graduates seated on the floor of the gym.

They sat a little taller and held their heads a little higher as the gravity of the moment sank in. Dr. Phillip Mason, CCGA's Vice President for Academic Affairs, read the name of each graduate, who then crossed the stage and accepted his or her degree from Dr. Hepburn. Regent Bishop and Chancellor Davis also shook hands with each graduate.

As the commencement ceremony was drawing to its close, the Class of 2010, faculty, staff, and guests all joined in singing the

Alma Mater. The hymn was played by the Golden Isles Community Concert Band under the direction of Mickey Wendel, and was led by Martie Pahriss. Dr. Hepburn concluded by inviting everyone to the afternoon's groundbreaking for the new campus housing and student center.

A complete list of CCGA's Class of 2010 appears on page 8. Congratulations to all of them!

## Seaswells First Copy

continued from pg. 1

PLACE	ARTIST	TITLE	MEDIUM
1st	Brandon Garrett	<i>Urban Warrior</i>	Graphite
2nd	Rosco Peters	<i>When the Sun Goes Down</i>	Oil on Panel
3rd (tie)	Virginia Walker Tommy McMillan	<i>Lethargy</i> <i>Wall-E</i>	Acrylics & Graphite Graphite

Next, for the Austin/Garner Prose Contest, staffer and presenter Megan Guy enlisted a few faculty members to help read the winning short stories aloud. The short stores ranged from childhood memories to psychological thriller. The winners for Austin/Garner Prose are as follows:

PLACE	AUTHOR	TITLE	READER
1st	Kim Cagle	"I'm Looking for My Shower Curtain"	Keith Belcher
2nd	Lacy Bell	"Non Sum Amens"	Dawana Gibbs
3rd	Chelsea Merceri	"What Happened?"	Niki Schmauch

The next awards to be presented were those for photography. *Seaswells* Publicity Coordinator Chelsea Holcomb kicked it off by acknowledging this year's cover artist, Melissa Rodgers. Rodgers' photograph, "Haitian Fishing Village," depicts a peaceful scene of three fishing boats on a calm coastal area much like our own here in Glynn County. After acknowledging the cover artist, Holcomb announced the winners of each photography category.

CATEGORY	PHOTOGRAPHER	TITLE
Best Overall	Dayton Ireland	"Spirals"
Best Black & White	Lonie Donovan	"Knotted Nets"
Best Color	Brian Tankersley	"Bless the Berries"
Best Computer-Enhanced	Mairely Garcia	"Twilight Zone"

Awards to the winners in the final competition, the Barr Poetry Contest, were presented by Ashley Montrond, the First Copy Program Coordinator. Again, the winning entries were read aloud for the audience by faculty. The winners for Barr Poetry are as follows:

PLACE	AUTHOR	TITLE	READER
1st	Danielle Siekkinen	"Spirited Forest"	Carla Bluhm
2nd	Carmen Ryals	"Design"	Jean Choate
3rd	Salina Guzman	"Thursday, 40% Chance Rain"	Rebecca Sharpe

The *Seaswells* 2010 First Copy Program concluded with 18 other faculty members reading their favorite selections from the magazine. The choices ranged from poignant to profound, from nostalgic to hopeful.

The perfect setting and the perfect program ended perfectly with a meal provided by Dave Leenhouts' crew from the Student Government Association. Since it seems *Seaswells* and the First Copy Program somehow find a way always to top the previous year's efforts, it's hard to imagine what next year will hold. But one thing is for sure: you don't want to miss it!

**WE'RE NOT EXACTLY THE MARINES, BUT CLOSE!  
MARINERS' LOG IS LOOKING FOR A FEW GOOD MEN  
AND WOMEN. WRITE 10 ARTICLES A YEAR —  
ABOUT TOPICS YOU CHOOSE.  
SIGN UP NOW FOR JOUR 1000.  
(SEASWELLS WANTS YOU, TOO.)**



# What a Year It Was!

## Campus Programming Review from 2009-10

BY DAVE LEENHOUTS

The CCGA campus was the "Grand Central Station" of programming for 2009-'10. The incredibly hard-working students from the Student Government Association (in the final year that SGA will be doing programming), with the addition of Andrew Smith, the Coordinator of Student Engagement (who started at CCGA 10 days after the beginning of fall semester), and a dozen high-energy student organizations packed about as much life into the college as possible. And to realize all this programming happened without a fully functional Student Activities Center (SAC) until early February of spring semester only adds to the amazement.

Fall semester programming started THE SECOND DAY OF CLASSES! Bongo Ball Mania—paintball played with air guns and foam bullets—was a major success in the sun and heat of August; Bongo Ball Mania will return next year, but at a time when the temperatures are cooler.

The Art Print and Poster Sale followed Bongo Ball and was paired with a student "jam band" session.

Remember all those t-shirts and hats with students' faces on them? The caricature artists showed up the very next day!

Other August novelty functions included henna tattoos (who would have thought those tattoos actually last for three weeks!), palm reading, and hand writing analysis! August closed with a standing-room-only performance by the first runner-up on *Last Comic Standing*, Louis Ramey! Ramey performed on the SAC patio. Despite the heat, over 200 people came to see the show. It was a great night, with lots of laughs for everyone!

Fall semester kept rolling right along with two days of student organization fairs, novelty attractions, and cookouts. Does everyone have a spray-can art picture now?

Over 45 student leaders participated in the annual CCGA Big Leadership Weekend program, and Phi Theta Kappa's Study Skills Marathon attracted over 200 students.

The first ever co-ed intramural volleyball tournament was hugely successful as a dozen teams competed for prizes. Competition was equally intense for ThinkFast, the high-tech interactive trivia game show that tested students' knowledge of history, current events, and CCGA to win over \$200 in cash.

Fall semester also featured an SRO performance by slam poet Shanelle Gabriel; a concert by College Campus Band of the Year The Lloyd Dobler Effect; a packed Conference Center auditorium for the controversial but highly entertaining (and often funny) lecture on ending racism by College Campus Speaker of the Year "Preacher" Moss; and a special performance by master electrical violinist Tracy Silverman. Who will ever forget his rendition of Coldplay's "When I Ruled the World" and his take on Led Zeppelin's "Stairway to Heaven"?

All this happened while we officially inaugurated (and celebrated for three days) our new president, Dr. Valerie Hepburn.

Over the course of fall semester, four faculty spoke as a part of the Coastal Georgia Distinguished Scholar series, and Phi Theta Kappa hosted four seminars on their Honor's Topic. On just under a dozen occasions, student organizations held cookouts, and football and soccer tournaments were held as part of intramurals—in addition to the annual Turkey Trot Prediction Run.

Somehow, some way, there was also room in the fall schedule for Converge to hold "praise-and-worship" events on the SAC patio and for Baptist Campus Ministry

to fill the SAC meeting room to capacity every Thursday. CCGA's Gospel and Worship Group presented an amazing evening of music, and seven service projects rounded out the semester.

After a rest over the December break, Spring Semester kicked off with the Grand Re-opening and Dedication of the SAC in January. The Jabali African Acrobats amazed standing-room-only audiences with their performances, and students competed for a second time in a Thinkfast Trivia Game Show; this time, the prizes exceeded \$300!

February turned out to be the busiest month of the year. The All-campus Semi-Formal Dance was held on St. Simons Island at the King and Prince Resort, and attendance topped out over 375! Then the spoken word duo of The Pen and the Paper (E-Baby and DJ Tao) performed to a full house in the SAC's Warehouse.

The month took on a very serious note when the powerful and moving play *The Meeting*, an account of a fictional meeting between Martin Luther King, Jr., and Malcolm X, was performed on campus. Then Chris Cooper came to campus and delivered an outstanding program on staying successful in college.

Kelly McFarland, who came in second on *Biggest Loser*, performed her own special brand of stand-up comedy as the Warehouse was transformed into a comedy club for one evening—complete with mocktails!

The American Red Cross held an all-campus blood drive, and the number that showed up to give the gift of life simply overwhelmed the staff.

Next, Jennifer Pozner lectured the campus on the reality of "reality TV" and visited several classrooms to spread her message.

Michael Hannaford was named CCGA's Professor of the Year and Andrea Wallace, the Joyce Jackson Advisor of the Year.

The annual Spring Fling/All-campus Cookout and Festival was held at the lake, and attendance was huge. Students paddled kayaks across the lake, helicopter rides were extremely popular, student bands rocked the event, the mechanical bull was too much of a challenge for most riders, the bungee trampoline catapulted students into the air, fortunes were told, hundreds made their own stuffed animals, balloon animals were everywhere—and so much more happened. By all accounts, it was our biggest and best Fling ever.

The Beach Party in April was a great way to spend a Saturday on Jekyll Island, and the Chair Massage/Spa-to-Go ladies helped everyone de-stress as the semester was winding down.

In between, students participated in eight service projects; the Coastal Georgia Distinguished Scholar series presented another five great faculty lectures; and intramurals featured tournaments in basketball, football, and tennis. Of course, the rousing performance by the faculty teams in the dodgeball tournament merits special notice.

The annual release party and celebration of *Seaswells*, CCGA's stunning student magazine featuring all kinds of creative arts, was an amazing way to close out programming for the spring semester.

As long as that list is, I'm sure dozens of other student organization events took place this year. And with new student organizations being added to the CCGA roster for 2010-2011, it will be very hard for students to say, "Nothing is happening on campus." If anything, it might be hard to fit in class attendance!

The new year will feature even more programming and opportunities for students to engage in campus life. See you at an event—or 20!

# College of Coastal Georgia Class of 2010 Congratulations, Graduates!

### ASSOCIATE OF ARTS

Alicia Irielle Bass  
Sarah Ellen Benjamin  
A. Butler Caldwell, III  
*Craig Antonio Harrison*  
*Chrystal N. King*  
Dana Elaine Moody  
*Veronica Arlene Nieves*  
Amanda Lynn Taylor

### ASSOCIATE OF SCIENCE

*Jennifer Marie Adams*  
**Sarah Renee Akemon**  
*Bernadette Theresa Allen*  
Joe'Lene Alston  
Shannon Marie Ammons  
Halayna E. Anders  
Monica D. Anderson  
Rosemary A. Antah  
Sherri LaToya Atkinson  
Stephanie R. Atkinson\*  
Sarah E. Auten  
Izdoris Paola Basail  
Kevin Michael Boatright  
Ashley N. Bonner  
Suzanne Renee' Bragg  
Jazmin Victoria Brown  
David Joseph Brown  
Ella Deneen Brown  
Adam John Bushby  
Cindy A. Butler  
Mattie Y. Carpenter  
**Alicia Elaine Chapman**  
**Carrie Mae Cheatham**  
Jennifer Thompson Cole  
Dirk Robert Corrado  
*Scott Douglas Corwin*  
Constance Ann Cote  
*Sandra Vanessa Crum*  
*Brandon C. Cumbass*  
Shawn Wendell Davies, Jr.  
Tialia Laine Davis  
Jeremy Lee Davis  
**Alicia Marie DeCoste**  
**Kemp Randal Denison**  
Kristene Marie Dewitt  
Mark Edward Dias  
Lisa Lynn Driver  
*Richard Andrew Drummond*  
**Joshua E. Edwards**  
Michele L. Eitel  
Thomas Harvey Elliott, II  
Matthew Gonzalo Espana  
Brittney Marie Ferrell  
**Tara Diane Fields**  
Maurice Pierre Figueroa  
Rochelle Elizabeth Foerstel  
Darryl L. Fredrick, Jr.  
Ashley Elizabeth Gatch  
Otrice Gayten  
Megan Marie Good  
*Julia Kim Gould*  
Sheri Nakia Goss  
Karen Leigh Graves  
Ashley Nicole Green  
Kyle Patrick Grimes  
Salina Guizman  
Elise Nicole Haddock  
Krista Ann Hale  
**Sandra Sumiko Hansen**  
Ryan Christopher Harper  
Joseph Michael Harrison  
Amber Whaley Hefner  
Rachel A.R. Hersherber  
Jennifer Lynn Hicks  
James L. Highsmith, Jr.  
Penelope Anne Hill  
Kenneth Anthony Hobbs, II  
Charles Holloway, III  
Richella B. Hotard  
Jasmine Leilani Hubbard  
Harriett Yolanda Hughes  
Heather Brooke Humphries\*  
Patrick C. Jenkins  
Jennifer Ila Johnson  
Robin Brittany Jones  
**Elissa Danielle Keller**  
Victoria Hope Kern  
**Michelle J. Kroupa**  
Jackie Michelle Lambert  
Victoria Lynn Lampton  
James Peterson Laurens  
Gwendolyn F. Lowe  
La'Quanda Monique Mack  
Brittany Danielle Manning  
James Arthur Manning  
Lamie Alex Mathis  
Allsion Quinn McDearmid  
Sara Marie McHenry  
Tyree Lamar Melchor  
Jessica N. Mobley  
*Ashley Lynn Montrond*  
Kayla Danielle Moody

**Amanda L. Moore**  
Arriann Alvena Moore  
Henrietta Moore  
Maria Isabel Moreno  
Dimelina Frias Mora  
Silas Gregory Moxley, Jr.  
**Brent Alan Nihiser**  
*Bernardine Angel Okyne*  
Gail W. Owens  
Danielle Ruffin Ontivero  
*Jessin Oueslati*  
Tammy Darlene Palmer  
*Amy Loraine Pankiewicz\**  
Ami Hitendra Patel  
**Richard Anthony Perkins**  
Crystal Dawn Pickren  
Kacey Larane Popham  
Dane Wellington Pratt  
Carden Alden Price  
Amanda Marie Prueett  
Emily Lou Reynolds  
Marisa Denise Roberson  
Michael J. Robinson  
Ashley Faye Russell  
Ashley Dawn Ryals  
Yanitza Sanchez-Caban  
Alathea C. Sands  
Reba Michelle Saunders  
**Hannah Elizabeth Schmid**  
**Melanie Ann Schulz**  
Lucy Faye Shaw  
**Danielle Marie Siekkinen**  
Nadiya Natasha Singh  
**Jean Ann Mary Sofinowski**  
Moya Renee Stephens  
Ashton Stripling  
Ashley Nichole Sumner  
Renee Simone Thomas  
Hope Whaley Thomas  
**Kimberly Joy Thompson**  
John Ephraim Totten, III  
Aneta Turkic  
**Mitchell L. Tuttle**  
Heather Lee Wainright  
**Jennifer P. Westbrook**  
Amanda Nicole White  
Ashley Nichole Wiggins  
**Michael Kent Zimmerli**

### ASSOCIATE OF SCIENCE IN CLINICAL LABORATORY TECHNOLOGY

Jessica Logan Barrow  
Holly MaDevna Bell  
Silvestre Lopez Cruz  
**Lauren M. Doucet**  
Heather Riddle Jonas  
Jesseca Susan Keel  
Michelle Krauss  
Suzanne Marie Krone  
Victoria Tiquila Murphy  
Samantha Starr Schoeneman  
Melissa Faye Skipper  
Cassandra D. Turner  
Melynda Allen Wainwright  
Roshea Christoya Waugh

### ASSOCIATE OF SCIENCE IN RADIOLOGIC SCIENCE

Christy Hulett Bordelon  
Andrea Frances Fay  
Brandy Joan Foster  
Dana Doreen Mackley-Portley  
**Katherine C. Parrish**  
LaQuita Danielle Robinson  
Christen Owens Ryals  
Suzette Lynne Westerfeld  
William Joseph Wikoff  
William David Yarbrough

### ASSOCIATE OF SCIENCE IN NURSING

Melody Hitt Allen  
April Danielle Ammons  
Veronica Michele Baker  
Kara Catherine Blocker  
Virginia Parsons Borders  
Charity Christine Boree  
David Larod Bowen  
Kristin Nicole Brooker  
Christopher D. Chambers  
Laura H. Dieffenbach  
Sebrina Kay Dinkins  
Sarah Camille Doughty  
Stacey Yvette Douglas  
Ashley Danielle Drury  
Jill Erica Eldridge  
Natasha Nicole Elliott  
Faqueta Kenisha Green  
Amanda Lee Groover  
Tia Haley-Crawford  
Anna Marie Harshbarger

Priscilla Denise Hewitt  
Carol Ann Hudson  
**Tiffany Lauren Hutto**  
**Jonathan David Hutto**  
Penny E. Jackson  
Seth River Jordan  
Robin R. Joyner  
Shannon Kelly Keith  
Elizabeth R. Khader  
Alisa Linn Lane  
Kristy Anne Lynn  
Priscilla Bellettimi Mathison  
Candace Danielle Metheny  
Shuyknia T. Miles  
Katy Grace Mock  
Stacie L. Moyer  
Melissa Mojica Oquendo  
Edward Roy Owens  
Valerie Ann Penwell  
Jessica Page Riner  
Holly Kay Roberson  
Misty Michelle Schales  
**Melanie Ann Schulz**  
Ashley Nicole Shirah  
Rachel Alexandra Smith  
Theresa Michelle Smith  
Nicole Lynn Spears  
Rhea Lynn Spradlin  
Marquita Rena Steele  
Roy L. Strickland  
Leila Ann Taleshi  
Christina Lee Wainright  
Aja Monique White  
Shannon Lea White  
Leslie Morris Wiggins  
Annie Faye Wilcox  
Shakela Rachae Wilkerson  
Christina Marie Williams  
Clarissa Canty Wise  
Kimberly Marie Witter  
Sonja Clark Woods

### ASSOCIATE OF APPLIED SCIENCE IN ACCOUNTING

Kim S. Duck  
**ASSOCIATE OF APPLIED SCIENCE IN BUSINESS AND OFFICE TECHNOLOGY**  
**Brittani C. Davis**  
Meshawn E. Hillery-Holmes  
Corey Rhisnell Stokes  
Christy Diane Turner

### ASSOCIATE OF APPLIED SCIENCE IN COMPUTER AIDED DESIGN & DRAFTING TECHNOLOGY

Christopher Joseph Wallace  
**ASSOCIATE OF APPLIED SCIENCE IN COMPUTER INFORMATION TECHNOLOGY**  
Cynthia S. Armstrong  
Andria Bucknor  
David W. Hosea  
William R. Thomas, Jr.  
Robert M. Peifer  
Jonathan Carmen Shaw

### ASSOCIATE OF APPLIED SCIENCE IN MANAGEMENT

George Jon-Shea Johnson  
Anneliese Elizabeth Mathie  
Joshua Rhett Sexton  
**ASSOCIATE OF APPLIED SCIENCE IN TECHNOLOGY**  
Olin D. Coleman, III  
**CERTIFICATE IN AIR CONDITIONING TECHNOLOGY**  
Dudley Farnell Gordon

### CERTIFICATE IN BUSINESS AND OFFICE TECHNOLOGY

Clarissa Monique McPherson  
Yolanda Pinto Rodriquez  
**CERTIFICATE IN CRIMINAL JUSTICE**  
Jennifer Lee Inacio  
Melody Renee Jump  
Marcus Victor Scott  
Iassia V. Smith  
Jason Jerome Traeye  
Kiana Maisha Terriel Wright

### CERTIFICATE IN CULINARY ARTS

John Colin Archangeli  
Matthew G. Douglas  
Terenise Lashelle Jones

### CERTIFICATE IN INDUSTRIAL SYSTEMS TECHNOLOGY

Jordan Leigh Rennard

### CERTIFICATE IN MANAGEMENT

**Marilyn Claire Adkins**

### CERTIFICATE IN PRACTICAL NURSING

Tiffany JohnShay Johnson  
Nancy Lovingood Lindsey  
Vanessa Sophelia Simmons  
Debra Smith  
Rebecca D. Stewart  
Jennifer S. Waters

### CERTIFICATE IN SURGICAL TECHNOLOGY

Erin Elizabeth Bryant  
Ieasha L. Campbell  
Gabrille L. Gunn  
Kimberly Terrell Jackson-Sisson  
Cindy Marea Rozier  
Beverly Lorraine Tyson  
Morgan Alexis Cheria Young

### CERTIFICATE IN WELDING TECHNOLOGY

Wesley Baldwin  
Larry Robert Bible  
Gregory Thomas Reinke  
Antonio Jerrad Sheffield  
Shelton Deon Sullivan  
Dwayne D. Towns  
Noah Tyler Ullman

### TECHNICAL CERTIFICATE OF CREDIT IN AIR CONDITIONING TECHNOLOGY

Roye Gene Mells

### TECHNICAL CERTIFICATE OF CREDIT IN ELECTRICAL MAINTENANCE

Jordan Michael Kelly

### TECHNICAL CERTIFICATE OF CREDIT IN INDUSTRIAL MAINTENANCE FOUNDATIONS

Jason Andrew Brown  
April Renee Bryan  
Remi Justus Buttinghausen  
Victor Todd Carter  
Gregory Dale Cowart  
Heather Eileen Dixon  
Christopher Warren Hupman  
Marsha Jones Kitchen  
Jennifer Lynn LaFontaine  
Luis Alberto Lugo  
Brandon Minter  
Joshua Lee Simons  
Kenneth Buell Smith  
Christina Marie Winn

### TECHNICAL CERTIFICATE OF CREDIT IN PROCESS CONTROL OPERATOR

Andrew Steve Scott

### KEY

**BOLD** — Honors Graduate (GPA of 3.75 or above)

*Italics* — Member of Phi Theta Kappa (GPA of 3.50 or above)

\* — Multiple areas of specialization

Mariners' Log does not claim this list of degree candidates or honors designations is absolutely accurate. This list was prepared using the program from the graduation ceremony.